

Family Building:

- Materials Needed:
 - Coloured clothing
 - Paper
 - Markers
- Goal:
 - Pick the same number of colours that there are family members
 - Put each colour on a separate little piece of paper and fold in half
 - Put all colour options into a bowl/bag
 - Have each person reach in and draw a piece of paper out, whichever colour they choose is their colour for the day
 - Have them put on the respective coloured clothing that was selected
 - *If there's an even number of family members, can choose to draw for teams as well as team colours rather than each family member for themselves
 - Work to come up with and draw:
 - Team name
 - Team logo
 - Team slogan
- Vote amongst the family for top names, logos and slogans (separately)
 - Can write votes down on a piece of paper or say them aloud
 - **Can't vote for your own work
 - However many votes each one gets is how many points that person gets to collect
- **Challenges:**
 - **Challenge 1 – Marshmallow Eating:**
 - Hang marshmallow from string
 - Hands behind back, have to eat marshmallow
 - If doing it individually, all go at the same time
 - If you are in teams, then each team member goes one at a time, as soon as one team member finishes, the next one starts
 - *All teams are going at the same time, just members within the team are going one at a time
 - First team/person to finish wins and earns however many teams/family members there are (EX: 3 family members, first to finish gets 3 points, 2nd = 2 points, 3rd = 1 point)
 - **Don't have marshmallows? Choose whatever food you would like to hang!
 - **Challenge 2 – Clothespin 7-Up:**
 - All teams/family members are competing
 - Each person has 3 clothespins on the back of their shirt
 - Have them all face each other in a circle

TUESDAY, MARCH 31ST – SURVIVOR DAY... AT HOME!

- On “go” they start to run
- Goal: trying to get the clothespins off the backs of other players on the opposing teams
- When a person loses all three pins, they must step out
- Last team/person with clothespins remaining wins
 - Score the same as the marshmallow challenge
 - For every clothespin that remains for the winning team is an additional point
- **Don’t have clothespins? Not to worry! Use chip clips or whatever else you can find in the house to substitute
- **Challenge 3 – The Popsicle/Dice Balance:**
 - All teams/individuals are separated in their colours
 - Each person gets a popsicle stick
 - Hold the popsicle stick in the mouth
 - Have to stack 5 dice on the popsicle stick without it falling off
 - If any of the dice fall, they have to start over and go until they can stack all of them
 - Same scoring as the other 2 challenges
 - Once finished, if they can hold the dice on the stick while the other teams/members are finishing they will get additional points
 - If you wish to increase the difficulty of this challenge, you can have each person balancing on something while trying to stack and/or increase the number that is required to remain balanced
 - Kids vs adults: you can increase the level of difficulty for the adults but not for the kids
 - **Don’t have a popsicle stick? Use a spoon!
 - **Don’t have dice? Use whatever object is available (EX: chips)
- Not ready to end here? Add points to at home tasks for the day!
 - Example – Points For:
 - Doing homework
 - Cleaning up their toys when they’re finished playing with them
 - Helping to cook dinner
 - Helping to set the table

May the sole survivor be found amongst the family!